

## THE UNIVERSITY OF BRITISH COLUMBIA



### Department of Family Practice

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## Women in2 Healing

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<http://www.womenin2healing.org>

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### Co-investigators:

1. Lora (Koala) Kwandibens, Co-Principal Applicant
2. Amber Christie, Co-Principal Applicant
3. Mo Korchinski, Co-applicant
4. Jennifer McMillan, Co-applicant
5. Cindy Worsfold, Co-applicant
6. Ruth Elwood Martin, Co-applicant
7. Alison Granger-Brown, Co-applicant
8. Lara-Lisa Condello, Co-applicant
9. Leah-May Walker, Co-applicant
10. Sarah Desmarais, Co-applicant
11. Vivian Ramsden, Co-applicant
12. Ann Macaulay, Co-applicant and NAMHR Mentor

**Principal investigator: Ruth Elwood Martin 604-875-2424 local-4871**

## **Consent Form**

### WOMEN IN2 HEALING (WI2H)

## **Aboriginal Healing Outside of the Gates**

### **WHAT IS THE PURPOSE OF THIS STUDY?**

The purpose is to explore Aboriginal women's views of mental health and well being, and understanding the barriers that women are facing while trying to access resources in our communities.

### **WHAT HAPPENS IN THIS STUDY?**

We invite you to participate in an interview on your physical, spiritual, emotional health and resources as well as a short survey. If you agree to join this study, you will be invited to have an interview with a peer researcher, that is, a woman trained in interviewing who herself has had experience with incarceration. The peer researcher will ask you some questions about your emotional and physical health, your family and your community. This will take up to 60 minutes. You may answer only those questions that you are comfortable with. If you agree, your answers will be recorded on a digital recorder as well. In addition, we may invite you to some participatory research team group discussions in which we will discuss how we might develop an action plan that will help to improve the health and education of women released from prison.

Later, the peer researchers will transcribe the audio recordings of the interviews and analyze them for recurring themes. If you would like to have a copy of the transcription (which is the typed up information that you shared in the interview) we can mail you a copy of this information.

### **ARE THERE ANY RISKS?**

You may find that some questions of the interview or surveys trigger an emotional response. If you are distressed as a result of participating in the interviews we can refer you to a counsellor in Mission.

### **ARE THERE ANY POTENTIAL BENEFITS?**

You will have ongoing contact with peer researchers who will provide you with a list of counselling services and community resources that you may need.

In addition, if you would like to learn about it, we will give you information about Women in2 Healing project and invite you to join our participatory research evening meetings in the Mission community.

**Confidentiality** Your identity will be kept strictly confidential. All audio recordings will be identified only by a code number. They will be locked away in a secure filing cabinet. You will not be identified in any of the reports of the completed study. No details that may give clues to your identity will be given to anyone they will be identified by a number.

Because this research is participatory, some of the people involved in the data collection and analysis will have been formerly incarcerated. All women working with the data are required to sign a confidentiality agreement. In addition, all participants in participatory research team group discussions will be asked to sign a confidentiality agreement. Confidentiality therefore depends on everyone abiding by their confidentiality agreements.

If you wish, you may ask to be identified as a participant in the study. For example, you may wish to be listed at the beginning of publications as a participant or you may wish to be invited to co-author publications.

### **ARE THERE ANY LIMITS TO CONFIDENTIALITY?**

You should understand that these confidentiality provisions do not prevent us from taking steps necessary to prevent people from being harmed. If we learn that you intend to seriously injure yourself or someone else in the near future, including any children, or you have harmed children in the past, we will take the necessary steps to protect you or others. In this case, we would disclose or report the information only to the extent necessary to prevent harm.

### **WILL I RECEIVE MONEY FOR THESE INTERVIEWS?**

You will receive \$20 (in gift cards) for doing the interview.

### **WHO DO I ASK IF I HAVE ANY QUESTIONS?**

If you have questions about the study, please phone **1-877 84WOMAN** or **604 875 3658** to talk with the research assistant, a community-peer researcher, or Dr Martin

### **WHAT ARE MY RIGHTS IN THIS STUDY?**

You may choose not to participate or you may withdraw from the study after you have started, without any consequences to your care in the community. If you choose to participate you may answer only those questions that you are comfortable with.

### **Contact for concerns about the Rights of Research subjects:**

**If you have any concerns about your treatment or rights as a research participant, you may contact the research subject info line, UBC office of Research Services,(604-822-8598)**

**Consent:** Your participation in this study is entirely voluntary. By signing below we will assume that you have agreed to take part in this study.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Signed** \_\_\_\_\_

**Printed name** \_\_\_\_\_

**Date:** \_\_\_\_\_ **D**/ \_\_\_\_\_ **M**/ \_\_\_\_\_ **Y**

**OPTIONAL -Your contact information:**

If you would like to learn about Women in2 Healing project and/or if you would like be invited to join our participatory research evening meetings in the Mission community, please tell us the best way for us to contact you:

**Your Phone number:** \_\_\_\_\_

**Your Email address:** \_\_\_\_\_

**Your mailing address:** \_\_\_\_\_.

*Thank you so much for taking part in this project!  
From, the Women in2 Healing Health Research Team*

**Consent:** Your participation in this study is entirely voluntary. By signing below we will assume that you have agreed to take part in this study.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Signed** \_\_\_\_\_

**Printed name** \_\_\_\_\_

**Date:** \_\_\_\_\_ **D/** \_\_\_\_\_ **M/** \_\_\_\_\_ **Y**

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*Thank you so much for taking part in this project!*

*From, the Women in the Women in2 Healing Health Research Team*